Land Acknowledgement

*Uprising* would like to acknowledge the land on which we gather is the seized territory of the Ioway, Sauk, Meskwaki, Wahpeton and Sioux People. Indigenous lands weren’t ceded through efforts of “good faith” by the United States Government, rather they were stolen from Native and Indigenous Peoples through coercion and dishonesty.

Both the State of Iowa and the United States Government carried out acts of genocide, ethnic cleansing and forced removal as ways to acquire land. Despite centuries of theft and violence, this remains Indigenous land—it will always be Indigenous land.

Native and Indigenous People are not relics of the past. They continue to share their talents and gifts amidst a backdrop of ongoing colonialism. We celebrate you.

#HonorNativeLand

Safety Acknowledgement

During the course of Issue 10’s production, *Uprising* members took precautionary methods as laid out by the Centers for Disease Control and Prevention in protection against COVID-19; including social distancing, the wearing of face coverings and proper hand sanitization. All meetings and photoshoots were conducted under these methods. Members voluntarily participated in photoshoots and in-person meetings (with a Zoom alternative).
Take the time to reflect on the world around us and its impacts on everyone by disproportionate degrees. While some see this global pandemic as a period of rejuvenation and reconnection, for many it is a time of unrest.

The social issues we’re experiencing today are reminiscent of the past. They originate in fundamental and systemic foundations within our society and government. When you align issues occurring now with those of the past, it’s easy to identify the cyclical nature of society and our behaviors.

History repeats itself, and people forget about history. As a whole, we must acknowledge the progression that’s been earned before our time. We owe it to great trailblazers in our country such as; Dorothy Height, Bayard Rustin, Martin Luther King Jr. and Barack Obama, who have furthered these courageous cycles so that we can excel further towards a better future. These resurgences bring fresh perspectives and new voices to continue the work of those before them.

This generation is asking more of its government, its systems, its leaders and its communities. It’s not that we’ll never reach a point where things aren’t good enough, it’s that the past isn’t good enough for the next generation, who has different expectations and views on how society treats its people.

It’s difficult to ignore the current global climate crisis we’re living through. With the fashion industry being the second largest polluter in the world, consumers are starting to make conscious efforts to lessen their ecological footprint. We cannot solely rely on large companies to limit their production, as manufacturers will only produce if there is demand. Changes need to occur at the consumer level with individuals’ buying behaviors and actions.

Time itself is a cycle. It’s a natural part of our daily routine to react to a cyclical time frame. Each new day, new year and new era presents an opportunity for growth. It’s not enough to wait around until the next resurgence to be active about the social issues this country has been facing for years. It involves continual actions towards real change. To propel forward, we must become educated about the topics at hand. Throughout Issue 10, listen, learn and reflect – participate in the revival.

Isaac Hackman
Editor-in-Chief

Cassie Hendrix
Editor-in-Chief
break out the lip smackers and caboodles bby! Y2K beauty is back with a 2020 update. channel Baby Spice with some pom-poms or give us Kirsten Dunst with a textured high-pony. don't forget to pull down the tendrils and add a butterfly clip. glam up a powder blue shadow with mini gems and pink gloss. embrace the nostalgia and try the look ur tween self would've drooled over.

PHOTOGRAPHY
FABIOLA MUKOBWAJANA
DESIGN
MADELINE DOHERTY
you go girl

Uppling

ISSUE 10
You've probably caught yourself looking through your mom's closet trying to find that worn-out denim jacket from '85 or strolling through consignment shops countless times. Trends have been cycling through the decades as they always seem to find a home within a new generation. The truth of the matter is we see this happening all the time. Each year we see bigger brands coming out with styles that have been down the catwalk before yet revamped to fit the modern age demand. As said in Changing Fashion: A Critical Introduction to Trend Analysis and Meaning by Annette Lynch and Mitchell D. Strauss, each year, society sees out fresh new styles. This brings in the idea as to why there are multiple styles trending throughout a single year and why trends happen to repeat themselves. The average cycle of a trend is around 18-40 years before the style comes back to life, leaving room for new ideas to complement it. Within recent years, thriving has become a great phenomenon to not only recycle clothes but also filter back in these older trends.

In 2020, we have seen the increase of trends from the 90s circling back onto streets and shelves of popular clothing stores such as TopShop, H&M, DePopp, Brandy Melville, Lululemon, etc. This year especially has been inclined to baggy clothing, trends such as oversized menswear which includes pieces like blazers, sweaters, button-downs, and sweater vests. These items paired along with tennis skirts have been very popular during the late summer and early fall as it gives pieces a fresher, more modern way to wear. It seems to be the perfect outfit for this year's seasonal transition. Chains and bandanas were also popular in the 90s as this era really brought in the appreciation of streetwear. These items have been a useful tool for accessorizing in recent years. 2020 has brought in some raw ideas this year; cottage-core style has stolen many younger generations’ hearts. This dainty style brings in new passions for light flowy pieces and gives a new meaning to the more woodland like approach. However, as mentioned before most trends throughout the year of 2020 have been dominated by styles stemming from the 90s.

Revamping old trends helps to boost their appearances and allows them to fit the era they have currently come back in. Especially with the experience of quarantine, social media and other platforms have provided countless ways to change up your closet with different “do it yourself” projects. Bleach dye and tie-dye have become quite popular in recent months as a super fun and easy way to bring old items back to life. The more modern way of tie-dying was invented in the mid-sixties but dominated most 70s fashion as it was a retro style approach. The many different styles and derivatives of color within tie-dying allow uniqueness to flow through the modernizing of these items. Designs such as abstract and cow-print have dominated many fashion pieces in 2020.

Cropping has also been a phenomenon that has been around within the past few years as it is simple but very effective when restyling older items of clothing. The past few years have illuminated body positivity and the celebration of all bodies has allowed everyone to feel comfortable in this style. The diminishing of gender stereotypes within recent years has also played a part in adding personalized touches to clothing. This not only allows more self-expressions, but also is a key in modernizing the trends from our past that have found their place in the present. Products such as make-up and crop tops have especially become more gender-fluid within recent years, allowing everyone to feel the empowerment of these pieces. Accessorizing has been proven to be one of the more unique ways to let your personality shine through with the use of “trendy” items. For instance, bulky jewelry has played a huge part in accenting many outfits so far this year. This past year especially, jewelry such as dangly earrings, hoops, rings, and necklaces have made their way into the wardrobes of everyone as it is a versatile accessory. Other accessories have made appearances as well; items such as satchels and fanny packs have been added into everyday wear. The incline in menswear such as suits and blazers has also been dominantly popping up as fashion pieces from more than just the people they’re advertised towards. It is safe to say fashion trends have progressed into something for everyone as in the past gender stereotypes were more dominant than they are today.

Fashion is a forever fast-paced industry and is constantly progressing new ideas for it’s current demands. Also said in Changing Fashion: A Critical Introduction to Trend Analysis and Meaning, is the consumer’s perception of a style sets up how fast it spreads and how long it lasts. Social media has especially played into this as that is the main source for showcasing up-to-date trends. Obviously, everyone perceives a trend/style differently and the progression may be slower in different groups of people. This allows different variations of trends to be manufactured in order to fit the wants and needs of different aesthetic groups. Overall, fashion is something that is ever-changing yet in some aspects remains the absolute same. Each year we see old trends returning to wardrobes yet with a new purpose, inspiring new ideas in fresh minds. This continuous cycle will reach new generations and our trends will become their trends. Fresh eyes always seem to appreciate old style.

*Remember, although a brand is putting out trendy pieces, it is important to do some research before purchasing from them as they could be utilizing unsustainable and unethical practices. Try looking at local thrift stores before resorting to brands that utilize fast fashion.

WORDS
SIERRA NEMMERS
DESIGN
CAYLA PULCHER
In times of chaos and unrest, fashion can be a vehicle for escape. In the same way we watch a movie to live somewhere else for a little while, aspirational dressing can provide a sanctuary, a higher plane to float in for a moment. At the brink of the French Revolution, Marie Antoinette had a quaint cottage village built in Versailles. In simple cotton gowns through gardens and hillsides, she played pretend with her ladies, their sun hats full of flowers and skirts marked with dirt. To play pretend, we know is a privilege in itself. From Fashion Week runways to Cottagecore TikTok, renaissance and romantic styles have bloomed again. We encourage you to take a deep breath, find joy where you can, and give yourself ...

A MOMENT AWAY
SOFT EDGE
Fabiola brings a voluminous silhouette down-to-earth with strong Shoeswells boots. Puff-sleeved shirt and romantic slipdress from WCP Costume Shop. Tiered petticoat with satin trim from Mohair Pear.

EMPRESS OF THE SUN
Isabel stands tall in an empire waist dress and scarf belt from WCP Costume Shop, Waterloo, IA. On top she wears a vintage Mohair Pear, Cedar Falls, IA turtleneck and the stylist’s mother’s blue slip from years ago. Doc Martens ankle boots ground the look.

FORGET-ME-NOT
Fabiola glimmers with a crown of baby’s breath tucked into her curls. She wears a silvery puff-sleeved shirt with a gratuitous collar and sheer pink nightgown with blue embroidered forget-me-nots. Sourced from WCP Costume Shop.

UPRISING MAGAZINE
ISSUE 10
FLOATING ON AIR
Carter throws caution to the wind in a cream colored shirt from Mohair Pear and Target terracotta A-line dress. Straw hat and ribbon from WCP Costume Shop.

WAKING HOURS
Flip the script with unconventional pairings. Bring sleepwear to morning with a silky slip over a turtleneck.
Now we see women dominating the political and business world. It’s empowering to our youth to be able to look up to women in successful and significant positions as role models. Women are breaking barriers, shattering glass ceilings, and continuing to fight for women’s rights, and progress is something to celebrate.

Recently, we lost Ruth Bader Ginsburg (RBG), one of the most notable and groundbreaking women of our time. Not only was she one of the first women to serve on the United States Supreme Court, but RBG was a key figure in paving the way for gender equality. Her work advocated and fought for rights for women across the United States; for which we reap the benefits of today. RBG may have left us this year, however her legacy and work live on through the continuation of the fight for women’s equality and progression within the world.

Though the civil rights movement is reminiscent of topics of discussion from our school history books, it is still very much alive and prevalent today. Black Lives Matter (BLM), the new era of the civil rights movement, has made significant headway in 2020. In May of this year, a Black man named George Floyd was murdered due to the actions of Minneapolis police during his arrest. Floyd’s senseless death brought together a social justice call-to-action for all. Protests were led not only in the United States, but also in other countries around the world. The injustices brought against the Black community by law enforcement became the leading headline for months and demonstrated that BLM is a force that was just getting started.

With these outcries, action began to take place. The officers involved in George Floyd’s death were all charged in relation to his murder, several state officials banned the use of chokeholds and enacted police reforms within their communities, statues that symbolize racism were taken down across the world, and past cases of police brutality such as those of Breonna Taylor are being re-investigated. These events all resulted from the uprising of BLM. Communities everywhere are taking a stand against racial injustice, and real change is in action. Although the current circumstances are grim, the demand regarding these tragedies and the improvements made in the past seven months alone is something to be proud of.

This year has also been a time for progression within the LGBTQIA+ community. On June 15th, The United States Supreme Court ruled that federal law protects LGBTQIA+ employees from workplace discrimination. Meaning that it is now illegal to show prejudice or injustice towards such community members in the work environment, and if done, consequences will take place. It was also ruled on August 26th, 2020, that anti-transgender bathroom bills are a violation of Title IX*. This is significant due to the four year battle between former high school student Gavin Grimm and his school’s transgender bathroom policies. Now, LGBTQIA+ students can use whichever bathroom suits them. Another triumph within the community involved Billy Porter becoming the first openly gay Black man to win an Emmy which carries great substantial impact; inspiring and resonating with LGBTQIA+ members for years to come. The fight for equality for LGBTQIA+ is far from over, but each milestone is of great importance.

Describing 2020 as a ‘tough year’ is a gross understate- ment. In no way should we negate or dismiss the tragedies endured, however, it is also important to remember and celebrate our triumphs of this year as well. Look at what we have accomplished. We came together. We stood for what was right and true. Minority communities across the world have made headway towards a better future, through the progress and changes made in 2020. The journey for equality for women, minority races, and LGBTQIA+ community is still a work in progress, however, we must recognize the success of each day. Our world is changing for both the better and worse; however, the reactions to these developments are a testament to humankind’s strength. This is what America and the world are made of, and our progress today holds the foundation for the success of tomorrow.

*Title IX of the Education Amendments of 1972 — (Title IX) prohibits sex discrimination in any education pro- gram or activity receiving federal financial assistance.

**LGBTQIA+ — Lesbian, Gay, Bisexual, Pansexual, Transgender, Genderqueer, Queer, Intersex, Agender, Asexual, and Ally community

As this year comes to a close, we find ourselves weary of the days to follow and the uncertainty it brings. 2020 has brought more than its fair share of challenges. Natural disasters such as derechos and hurricanes, raging wildfires, melting polar ice caps, murder hornets, police violence, controversial political elections, economic turmoil, and warehouse explosions in Beirut are just a few of this year’s headlining events. On top of that, we are living through arguably the worst health crisis in centuries: the Coronavirus (COVID-19) global pandemic. With the constant flow of negativity, it can be challenging to recognize the good in each day. Despite these setbacks, 2020 has also proved to be a year of progression and a revival in many aspects of our world.

In 2020, women have taken the year by storm. From Kamala Harris becoming the first woman of color to take on the vice president position in a presidential election, to electing a record 37 women to Congress. Regardless of political stance, all women have something to be proud of. Not too long ago, women couldn’t even open a bank account or apply for a mortgage or credit card without a male’s name on it. Due to the efforts of activists such as Ruth Bader Ginsburg, paving the way for gender equality. Her work advocated and granted rights for women across the United States; for which we reap the benefits of today. RBG may have left us this year, however her legacy and work live on through the continuation of the fight for women’s equality and progression within the world.

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STILL HERE

INDIGENIZING COLONIZED SPACES
Indigenous people have historically been forced to abandon traditional ways to assimilate to colonizer culture. Over the years, Indigenous people have been persecuted and discriminated against for practicing their culture and remaining true to their identity. From forced relocations to uninhabitable lands to forced separation of children into white boarding schools, these genocidal tactics were utilized to dismantle Native identity and eradicate Native communities.

Today, on a campus with less than 1% of a Native student population, it is evident how these tactics have been successful in upholding white institutions. There have been strong Indigenous student leaders fighting to create spaces for our Indigenous students, however, we remain an attraction for diversity promotion with insubstantial support and action. Now is the time we will no longer be silenced and will make our presence loud and clear. By Indigenizing colonized spaces that were not intended for us, we declare that through 500 years of resistance, we are still here.

Despite history diluting our stories and supremacy attempting to erase us, we remain to take back our story. Nothing is matched with the resiliency of a spirit that rises for others. Our ancestors have survived and persevered for generations to get us where we are now. Each of us carries a family and a history that gives us the strength to envision a life beyond our ancestors could dream. We stand together to break cycles of trauma, to advocate for our brothers and sisters and to solidify a foundation for current and future Indigenous students to be heard, valued and represented. We reclaim what has been stolen from our ancestors and we honor our Indigenous roots through decolonization. This is the revival of Indigenous identity and the uprising of Indigenous people.

MISSING & MURDERED INDIGENOUS WOMEN & CHILDREN (MMIW)
Indigenous women and children have been missing and/or murdered at an exponential rate despite their small population. There is little to no coverage and justice for the victims and families. Indigenous women and children have been historically subjected to violence by non-Natives. #MMIW #NoMoreStolenSisters

ENVIRONMENTAL SOVEREIGNTY & LAND ACKNOWLEDGEMENT
Indigenous people have historically been subject to persecution and violence for protecting natural resources and the land. From the Dakota Access Pipeline (DAPL) to the Thirty Meter Telescope at Mauna Kea, Indigenous people are on the front lines of protecting the environment. As original inhibitors of the land, Indigenous people continue to fight for land acknowledgment. Half of the state of Oklahoma has recently been determined to belong to Indigenous tribes. This is only the beginning. #LandBack

GENERATIONAL TRAUMA & INSTITUTIONAL RACISM
Due to traumatic experiences regarding relocation, boarding schools, identity loss, cultural genocide etc. there have been effects of generational trauma that lead to individual and community devastation. This leads to increases in suicide, mental health issues, drug and alcohol dependency and affected family dynamics. Native Americans have been subject to systematic disparities due to institutional racism. Racism in healthcare, education and society have impacted Native Americans in negative and lethal ways.

HOW YOU CAN SUPPORT
In the past six months, small businesses have not only endured a global pandemic but also reacted to the revival of an ongoing civil rights movement in our country. These businesses have seen months of closure, which left a monumental impact on the state of their business, forever changing how they operate. An estimated 41.3% of businesses saw long periods of closure due to the pandemic, resulting in approximately 1.8% of small businesses permanently closing nationally.

Some small business owners have experienced discrimination and setbacks unfairly based on inequalities including race. More action is now being taken towards these issues as the political climate in our country shifts. Small businesses are the livelihood of our local economy, and we owe it to our communities to do what is within our power to support small businesses to sustain their livelihood. Now more than ever, our local business owners desperately need our support to stay afloat.

Do your due diligence for your community to determine and support the businesses that run sustainably, ethnically, are minority owned, or are small businesses in need. This is not to say that all small businesses aren’t worthy, but in such a politically charged and emotionally heightened environment. Let’s shift our focus and support towards those that are under scrutiny. Or those that are working towards giving back and bettering the planet we live on instead of hurting the environment through fast fashion or unsustainable efforts? Let’s not just support social justice and sustainability with our words and social media accounts, but display it through our actions.

One example of such a business is The Soul Book Nook, LLC, a brand new bookstore in Waterloo, which is thought to be the second Black-owned bookstore in Iowa. Its owner, Amber Collins, opened her bookstore with a goal to inspire communities to “heal through prints and publications that encompass all of us through literary works, storytelling, factual revelations, history and autobiographies of all people.” What could be a more perfect goal and mission for her business in such a time than the one we’re living in? Book lovers, fact seekers, and anybody else alike will find Collins’ bookstore appealing and educational. Particularly amidst the social justice movements going on today, Collins’ opening couldn’t have been timelier.

Where you decide to spend your money directly correlates with the impact that you, as a consumer, make. Rather than encouraging industries like fast fashion, you can support companies that promote fair wages and ethical manufacturing standards. Driftless Style, a boutique located on Main Street of Cedar Falls, donates 5% of every purchase to 1 of 5 organizations; such as the American Red Cross, International Justice Mission and Cedar Valley Angels. Driftless Style sells only ethically and sustainably handmade artisan products with the goal of promoting opportunity and empowerment. Their vision is to bring a wide variety of cultures into local homes and through their products, embrace diversity, and inspire the community. “Through partnerships with global artisans, we are creating change in marginalized communities by promoting ethical practices like fair wages, safe working conditions, and no child or slave labor.”

If you love thrifting, this business is for you: Trinkets and Togs Thrift Store is more than just a thrift store, their website rightfully boasts. Trinkets and Togs are owned and operated by The Larabee Center, which is a nonprofit that dedicates its efforts to assisting those with differing abilities and elderly citizens. Since it is nonprofit owned and operated, any purchases made on the hundreds of like-new items that are moved in daily directly benefit said groups in our community. Trinkets and Togs are also green-focused and environmentally conscious regarding their waste, recycling when at all possible. They then send any items that can’t be sold at their physical store to Third World Countries, putting in every effort possible towards aiding others.

There is an endless list of local businesses deserving, worthy, and in need of our vocal and physical support. Ensuring you support businesses that build community and give back to its patrons takes minimal effort but has a long lasting impact.
Sunday Best
Sunday Best

In 1908, on a triangular plot between Walnut and Lime, a church was raised in Waterloo, Iowa. It has stood on that corner for over one hundred years, a community hub for generations to come. Known as Walnut Street Baptist Church to some, and Faith Temple Baptist Church to others, the space is recognized on the National Register of Historic Places.

It lasted the Civil Rights Movement of the 1950s and 60s, Black activists marching in their sharp Sunday Best. The relationship between activism, faith and purpose like a three-strand cord. It lived through wars and pain and progress.

When the building was deemed unsafe in 2009, its doors were closed for ten years.

Last year, Iowa Heartland Habitat for Humanity bought the church, in hopes of preserving it for the Walnut Neighborhood Housing Coalition. A vital part of Waterloo's history, the community has high hopes for the revitalization of the building and its potential.

On Sunday, September 27th, Uprising Magazine’s Editorial Director Melina Gotera sat down with community leader Joy Briscoe and five of her peers. Through policy, advocacy, mentorship and the arts, these Black leaders are doing the work to improve their city, state, and country. But they can’t do it alone.

The former Faith Temple Church has special meaning for several of these folks. Briscoe’s grandfather was a deacon at the church, while Ras Smith’s mother, Pastor Belinda Creighton-Smith, was ordained and ministered there. We gathered in the old church for photographs and conversation to explore the intersections of faith, leadership, activism and style in their work and lives.

Like this old church, our circumstances may, at times, feel too challenging to repair. However, when we all show up and do our share of the work, that necessary change has a fighting chance.

Felicia D Smith-Nalls, JD

BRISCOE: What role does dress play in your work and identity? How has that evolved over the years?

SMITH-NALLS: My mother always dressed professionally and I idolized her for real, like on a real level. So when I was young, my friends now always say, “You dressed like an adult!” I was the only person under probably 32 that was wearing Casual Corner clothes. I would go in there and be like, “Ooh a two-piece set... Yes!” And all my friends were in jeans.

Fashion for me has been timelines. After I had my first baby, I was like, “I earned my big Easter hat.” Because I went to a church where Easter hats were everything. And baby, after I had James, my hat was almost 27 inches around! I had a hat to end all hats! So I feel like you dress for yourself.

GOTERA: The University of Northern Iowa is a Predominantly White Institution with 85% white population. What can white students do to get involved and be a part of the community?

SMITH-NALLS: People sometimes think that the work of diversity just happens. Like a Disney movie. Like somebody waves their wand and everyone’s a different color and we all get along. No, this is work! This is work. One of the biggest privileges that white people have is the ability to stay in their comfort zone, because it’s everywhere. Get out of your comfort zone and seek out those experiences, because they’re not going to fall into your lap. I went to a powwow and as a Black person it blew my mind. This is their native land and I had to seek out the experience. When I was in it, the culture and listening to their stories was amazing.

You have to seek it out and you have to be intentional. Ask yourself, “What can we do tonight that’s different? And even though I may be the only white person there, I’m still gonna go, because I want the experience.” You have to have a hunger for it and people need to change their appetites.

Instead of separate neighborhoods, we’re all one city.

RESOURCES:

1. Educate Yourself
2. Amplify Voices of Color
3. Donate, Volunteer, Intern
4. Attend Cultural Events
5. Vote in Local, State, and Federal Elections

[These interviews have been edited for length and clarity. View full length interviews at www.jointheuprisingmagazine.com/blog]
Ras Smith

BRISCOE: What role does dress play in your work and identity? How has that evolved over the years?

SMITH: Oh my goodness. When I first came to the capitol, I left my desk to meet the lobbyists and they wouldn’t let me back in. I was wearing a blazer, khakis, shirt and tie. They asked me who I worked for and when I said I was a Representative, they didn’t believe me. They asked me which Representative I worked for. I said, “No, I am the Representative. That’s my desk.”

Dressing the part in my line of work is important. I try to stay suited and booted as often as I can — me, my old vintage briefcase and my dad’s old coat. There’s only five Black people in the whole capitol. So for any of us to not be on our square is a disservice to all. That’s part of it. And right, wrong or indifferent, that’s the reality.

BRISCOE: So what does this church and this neighborhood mean to you, Ras?

SMITH: Everything. I grew up here, in this building. We’re standing in my mom’s office right now. And this used to be the office of Dr. Reverend Eugene H. Williams before he passed. He was one of the first mentors I ever really had. I didn’t really know what that meant as a young kid. But I remember he had a candy dish about right here. This was full of books. After church, my cousins and I would finish with prayer, run downstairs and it was royal rumble. My dad would come down the stairs and yell at us to stop running around. 2009 was the last year we were here. My wife and I wanted to get married here but we couldn’t because the building wasn’t safe anymore. I remember my wife had planned her wedding dress to walk down the middle aisle and up the pulpit.

It holds a really dear place. It’s where my mom was ordained as a minister. It’s where I used to wear dashikis all the time. This is my family’s hub, Faith Temple. There was a point where our membership was one hundred fifty and everybody was a cousin or aunt, a brother or sister. It’s historic. It’s bitter sweet for me to be in this place right now. Because I remember what it looked like when I was a kid and that’s not what it is now, obviously. I’m walking down the stairs, saying, “Watch y’all head”. The muscle memory is in it. It’s in my DNA. It’s where my faith tradition started, here in this building.

*A dashiki is a colorful garment worn by women and men, originating from West Africa. Dashiki shirts are worn in African American culture to celebrate Black heritage and pride.

Joyce Levingston

GOTERA: Critical Race Theory* is in jeopardy right now. Why is it vital?

LEVINGTON: It’s absolutely imperative that people have a strong hold on Critical Race Theory. White folks created what we teach in the classroom, what’s seen as credible data, even what’s published. With Critical Race Theory, we can tell our lived experiences to disrupt those hegemonies and dismantle White Supremacy. When white folks say, “Racism doesn’t happen here,” people of color should be able to say, “That wasn’t my experience.” We’ve been to the doctor, in pain and they don’t believe us or think we’re seeking drugs. We tell our kids to be quiet when they play outside so we don’t draw attention to ourselves.

In Iowa, Black girls are arrested nine times higher than their white counterparts. You can’t tell me that little Black girls are just bad at school and little white girls just know how to behave. A lot of those Black girls come from strong, two-parent households with faith, ethics, values, morals.

GOTERA: Another important thing to touch on regarding Cedar Falls and UNI is white privilege.

LEVINGTON: The White Privilege Conferences is how I am where I am today. On the agenda, there were over 20 Black people that had their PhDs. I said, “Imma get my PhD because I didn’t know we could do that.”

I’ve been at UNI for eight years straight, dealing with racial abuse and anxiety in the classroom. We have one Diversity Inclusion Chief Officer for one thousand Black students. That’s too much weight for her to carry. And would we really get that much help if we asked?

UNI likes to smooth things over to stay out of trouble, but they tokenize us. They get a story from us but then they whitewash it. They even use us to recruit other Black students, saying, “Joyce Levingston is doing all this great stuff in the community through UNI.” I didn’t keep going forward or get to where I am at because of UNI. I got here because I need to get there and I have a goal of getting out of poverty for my children.

BRISCOE: You’re doing so much work. What keeps you motivated?

LEVINGTON: As long as White Supremacy exists, Imma be out here working.

*Racism is defined as racial discrimination, often perceived as biased. It is often used interchangeably with the term "anti-blackness," and is defined as the belief, action, or system of racial discrimination, including both institutional racism and individual racism.

As long as White Supremacy exists, Imma be out here working.
Ryan Stevenson

BRISCOE: What have you been working on lately?

STEVENSON: Outside of my job, I’m pushing for quality, affordable housing. Median income isn’t very high here and there are a lot of hard-working poor people. People are filing complaints to get things fixed, but Waterloo doesn’t have any regulations or restrictions on landlords. Slumlords don’t have an issue putting people out of homes, but they’re not held accountable for those homes. Housing is a necessity. We’re not asking for low-income housing, we’re asking for quality housing. There’s a difference but the narrative kinda turns people off.

BRISCOE: When you think about this church and this neighborhood, what does that mean to you?

STEVENSON: I think this is a beautiful place, the woodwork, the history behind it. Ras said there was only one other church built like this in the country that burned down. This was his mother’s church. I know there’s other places that wouldn’t even allow women in the pulpit, so that’s historical. Women are allowed to lead here and she was one of the first. She was with my aunt, a group of them that were trailblazers. They didn’t allow no structured organization or no men tell them what they could or couldn’t do. So I think that’s dope.

BRISCOE: What’s next for Ryan Stevenson?

STEVENSON: Make it through these next thirty days, probably start volunteering more. The way this election turns out will tell us a lot about the direction the country’s gonna go in. Just the difference in getting back to some sense of stability or complete chaos. The things that we see, how imperfect the democracy is. There are some basic things that we’re risking losing. It’s getting real.

BRISCOE: Yeah, I’m at the point where there’s all this urgency, we gotta push. That way if the window tries to shut, we’ve broken off the hinges. We gotta catch that opportunity. But let me just take a moment to reflect on the work everyone’s doing. As a community we’ve done some amazing things. And even if it hasn’t manifested to the level of progress we wanna be at, we’re making strides.

STEVENSON: Yeah, take time to celebrate! But it’s hard to do when that opportunity is so fertile. That window don’t open too often. So when it do, like you said, we gotta knock if off the hinges. They ain’t gonna be just closing it, you’re gonna have to repair this thing.

The work I do is much bigger than me.

Nia “ShinDigg” Wilder

BRISCOE: What has Nia Wilder been working on lately?

WILDER: I’ve been mentoring adults. I just recently did a class on the importance of a positive attitude, focusing on their inner happiness and then projecting that out into the world. We all have our down days, but everybody doesn’t deserve to see us at our worst.

BRISCOE: In doing that work, what keeps you going, what keeps you motivated?

WILDER: What keeps me motivated is my faith and my purpose. I still have a lot of times where I feel discouraged but they don’t usually last long. Because I understand that my purpose is a lot greater than the trials and tribulations that I’ve faced. My family and my partner support me a lot as well.

BRISCOE: How has your style evolved over the years?

WILDER: My style has drastically evolved over the years. Before I stepped into my purpose, I kinda just wore whatever. But now that I’m getting involved with different individuals, and entering the room and tables with different people, I have to dress for the occasion. So you gotta dress for brunch, you gotta dress for meetings, you gotta dress for chill time. You gotta have a switch-up for every different mode that you put yourself in. I would describe my style as vintage hip-hop. Goodwill is my favorite store. I shop at Goodwill for everything.

BRISCOE: So what do these neighborhoods mean to you?

WILDER: The neighborhoods in Waterloo mean strength. Resilience. Tenacity. The people inside the homes, outside the homes, they deal with a lot. So when I ride by Waterloo, I feel like people on the East side have got to have strength, to endure what they go through to even get ahead.

GOTERA: What’s your hope for your community?

WILDER: That they can just walk in light and walk in love. My hope for the community is that everyone will learn to love themselves a little bit more, put out a little bit more light.
UNI Textiles and Apparel graduates are working across the country designing textile prints, sourcing fabrics for production, tracking and maintaining quality assurance standards for brands, managing work flow through factories, developing digital marketing strategies and designing everything from high-end fashion to sportswear, to home goods.

Two introductory courses are taught each fall: TEXDSGN 1000 Fashion, Culture and Industry and TEXDSGN 1003 Creative Textiles and Apparel Design Foundations. The beginning textile science class TEXDSGN 1002 is taught every semester. The program includes a full apparel design and production experience! You not only get to design your own prints, you also get to print them onto fabric and turn them into your own custom designs!

FOR SPRING 2021!

TEXDSGN 1002 — Textile Science
Learn about the fundamentals of textiles. This course includes laboratory experiences related to the identification of fibers, yarns and fabrics.

TEXDSGN 2005 — Fashion Promotion
Learn how to market and promote fashion products and events, with an emphasis in digital marketing production and strategies. Explore how apparel brands utilize digital communications and branding methods to interact with consumers and immerse them in a fashion production experience. This course is also a strong introduction to careers in fashion journalism from a practicing professional.

TEXDSGN 4015 — Dress and Human Behavior - Empowerment Branding Strategies
Study successful empowerment branding strategies and apply cultural, sociological and psychological theories to the development of your own empowerment brand. This is an excellent opportunity to move through the branding development process within the context of a course, leaving at the end of the semester with a plan for the launch of your own empowerment brand!

For more information: csbs.uni.edu/tapp or contact Dr. Annette Lynch at annette.lynch@uni.edu
University of Northern Iowa

Photography: Mitchell D. Strauss, Designer: Kayla Smith, Model: Jakayla Roberts
Frybread, or besibemystei, is a traditional Native American fried dough bread that is a staple in many Native communities. Recipes vary throughout Native country and are often passed down through generations.

WORDS
ALMA PESINA

DESIGN
ABBY MILLIGAN

The day begins bright and early at Koko’s house. Breakfast in the works, the aroma of grease, tobacco and morning air fill the entire kitchen. Daylight creeping through the blinds, I sneak outside to say good morning to the abenuakwi, Bardee and Tippee. The crisp autumn morning air fills me as I inhale the last few drops of summer purity. Today begins the celebration of the end of the summer moon. Every year’s anticipation is centered on the annual powwow and she has finally made her journey through the sun’s seasons. I rush back inside to pack while my Koko finishes up her makeup and at last we hop in her red powwow van.

We drive on the highway, windows down so the sweet country air can run through our long, dark hair. The pavement ends and the gravel ‘powwow highway’ guides us to the grounds and our campsite. The high sun beams from directly above and I bathe in its August rays. I sit in the shade next to the old willow tree that dances when there’s a breeze. My auntie parts my hair and takes a handful of strands and begins to weave them tightly into braids, woven with lifetimes of resilience. I can hear the hearty laughter of my mom, aunties and Koko being carried away by the wind, only to remain a memory. My sisters and I get dressed in our fancy shawl regalia, unpacking the mounds of faded fabric with the stitches peeking out of the seams and beadwork who’ve seen the good old days when my aunties brought it life. They kiss their first autumn air and bathe in the August rays, coming alive and ready for powwow days.

“15 minutes before grand entry dancers, 15 minutes grand entry!” booms the MC over the loudspeakers.

We rush over to the main stand and squeeze in line each one of us right behind ready to start the first grand entry of the nite. The sun begins to say goodbye, setting slowly behind the river trying to steal the last seconds of today. The air becomes cool, refreshing after a scorching summer noon, Dancer’s bells, laughter of the abenuakwi, and the smells of sage, fire and fresh frybread set the evening for gathering.

“DOOM”

_ The first beat of the drum rings throughout the outdoor arena, silencing all except Mother’s movements.

The first song of grand entry commences, and I can feel the spirits of those who came before me enter the arena. Our line inches closer, memekekwak! I’m eager to let them free. Finally, the nakamoni takes me away, my heart beating to the beat of the drum, the source of life. I feel the grassy earth cushion my steps, my ribbons flowing through my movements, now it is my time to grace this shawl with life.

As the midnight blue sky blankets the Earth, I marvel at my ancestors’ resilience to continue the cycle and to revive the spirit for ages. Netawebekeki, dancing life into all that surrounds us, continuing our story and traditions, Netawebekeki preserving our ways for future skwekanaki to be filled with eagerness to go to Koko’s house and to find joy in our times of gathering. To plant a seed and continue the lineage for generations through laughter, nakamoni, and dance. For them to fall in love with the powwow ways and to reminisce about the frybread days.

MESKWAKI TERMS
Koko: grandmother
Abenuakwi: dogs
Netawebekeki: my people
Netawebekeki: little boys
Memekekwak: butterflies
the world looked at me and told me who i was

the world looked at me and told me who i was
it crafted me in the likeness of others
they took my rainbow scale and painted it grey
but i am nothing like them

they tried to craft me in the likeness of others
i am nothing they say i am
i am nothing like them
i took back my color

i am nothing they say i am
they took my rainbow scale and painted it grey
i took back my color
the world was baffled when it looked at me

“My hope is that people become more open minded and understanding. Art starts a narrative to talk about these issues.”

Marissa views art as her escape from overwhelming situations or societal burdens—ever since she was little, art was an emotional outlet. She attributes much of her artistic talent to her dad, someone who always created art alongside her when she was little. Marissa reminisces on spending time with her dad, recreating Disney princesses and ocean scenes with sidewalk chalk.

Marissa Shell is a Junior Graphic Design major at the University of Northern Iowa with a minor in Studio Art. As much as she enjoys her exploration of digital art, Marissa also has a passion for performance art, poetry and painting.

Art acts as an outlet for frustration and a means to sort through feelings, a way to cope and process. Therapeutic is a word that describes how Marissa views her creative process. Anyone can reap the emotional and mental benefits of creating art despite their perceived ability or understanding of the craft.

“Art to me personally is super important. No idea what i would be doing with my life without it. For me it’s what I’ve always done and what I’ll always do.”

Most recently, Marissa finished a set of two paintings inspired by the movie *The Hate You Give*. She is drawn to this film as she relates to the main character, a Black girl who attends a predominately white school. In her day to day life, she feels like she lives two different lives being both Black and white.

Her painting, *Don’t Shoot*, depicts the tipping point of the movie: a scene towards the beginning of the film right before a Black man, Khalil, is shot and killed during a minor traffic stop. For this work, she earned the UNI Department of Art Merit Award during the 2020 Annual Juried Art Exhibition at the University of Northern Iowa. Her second piece, *T.H.U.G. L.I.F.E.*, is Marissa’s proudest and most significant work. T.H.U.G. L.I.F.E. is an acronym which spells out “The Hate You Give Little Infants Fucks Everybody”.

Marissa takes pride in knowing her creations are something that impact people. “My hope is that people become more open minded and understanding. Art starts a narrative to talk about these issues.” Her work attempts to relate art back to the viewer and evoke an emotional response.
Sustainability is a practice that looks different to everyone. Shopping with reusable grocery bags, avoiding fast fashion, or eating vegan might be just a few of the ways you practice living sustainably. However, sustainability pertains to you individually, and in whichever way you choose to practice it, we thank you. Our world thanks you. As young adults, we have a responsibility to understand that the choices we make today about the ways we choose to live impact ecosystems beyond our personal experience. Each decision we make about our ecological footprint, food waste, toxic output and shopping habits impacts quality of life for future generations. Knowing this information, we have the ability to make conscious decisions about the way we live.

You may believe that college students, who often follow a strict budget, do not have the ability to live in a way that honors our environment. Yes, it can sometimes cost more money to live sustainably when introduced into your daily routine than to not. Don’t let this fact deter you from taking the first steps toward living sustainably because it doesn’t have to! Living sustainably doesn’t have to automatically equal getting rid of every disposable item in your household, living off the grid, and ceasing all fossil fuel usage forever. Small steps can be taken when able to reduce pollution output and waste usage, slowly but surely. Anything we can do at this point in our lives allows us to better ourselves and those around us for the future.

“Sustainability is living a life with the long-term on your mind” said UNI senior Annalise Guckenberger. “It’s slowing down and recognizing that your decisions affect much more than this current moment.” When asked what sustainability means to them, five UNI students explained it in the context of their personal routines and how they practice sustainability on a budget. Considering the lasting effects of our consumption is one of the keys to sustainability, as is described by Guckenberger. A major theme throughout these student testimonials is that each of these students has their own definition of sustainability. There is no one right way to live sustainably.

So how can we, as college students, living life on a budget, live sustainably in a budget-friendly way that actually has an impact? One UNI student’s plan of action is easily understood and realistically carried out. UNI Senior Jo Soule discussed the easiest way to save money and impact the environment is to consume less! “Americans produce the most trash per person in the entire world,” said Soule. “We must work towards massive cultural changes to how we think about consumption in our daily lives.” It is less about simply consuming less, and more so about fundamental norms that have to change - our understanding, the overall notion to do better. Soule focuses on limiting meat and dairy consumption, as well as cutting out all unnecessary makeup, skin care, and cleaning products to limit waste. Whatever we as Americans consume on a daily basis, our waste output reflects.

How do we get to a place where sustainable living is reflected in our closet and our shopping habits? UNI student Zach Begg advises that, “I know there is sometimes a stigma about used clothing, but don’t let that scare you from buying second-hand!” Thrifting, the revival of used items of clothing, can be, and is, trendy and sustainable. “Thrifting is a great way to not get sucked into the fast fashion market that may look cheap to a consumer, but in the end it isn’t worth it” said Begg. Investing in thrifty items allows us to not only recycle pieces of clothing in a way that avoids the fast fashion industry, but in a way that also allows us to revive styles from past decades.

Finally, it is up to us as individuals to take the call to live sustainably upon ourselves, to understand the consequences of our present actions have for future generations, and be advocates for sustainable living in our communities. When asked to describe how she lives sustainably, UNI senior Kailie Nesher detailed how she has implemented the following small steps towards living a sustainable lifestyle in a variety of ways. These include “buying clothes second-hand, as much as possible, investing in better quality clothing that lasts longer, reducing how much I wash my clothes, repurposing items in my house instead of buying new, and using reusable towels and clothes for skincare and makeup.” As is beautifully displayed by Nesher, making progress towards living a sustainable life isn’t a sprint by any means. It’s a marathon that starts with one step in the right direction, followed by another, and another, and another...
PATTERN PLAY
this fall in vibrant seventies separates. The Gucci Model Challenge taught us that experimental layering and pattern-mixing can be a total vibe. Get that layered look with statement bells, turtlenecks, splashy button-ups and patterned neck scarves. Mix prints with coordinating colors to tie the look together. Make it one-of-a-kind and sustainable with authentic vintage pieces from Mohair Pear on College Hill.

PARTY LINE

DIVINE INTERVENTION
Vines, leaves, and petals — Couch Florals are blooming. Mix large and small-scale prints with similar motifs.
ALL IN THE DETAILS
Bring the look together with one-of-a-kind vintage accessories. Tianhi’s butterfly belt buckle brings out the gold hardware on the jacquard handbag. Quataris makes a 70’s collar pop with a geometric ascot. All accessories from Mohair Pear.

LEANING LAVISH
Quataris wears dark salmon bell bottoms, cobalt jacket, gold button-down and silk ascot. Sunglasses are vintage Polaroid Cool Rays. All available at Mohair Pear. Tianhi is wearing Ragstock knit pants. Mohair Pear turtleneck, silk blouse, polyester jacket, enamel butterfly belt and jacquard handbag.
The Great Conjunction

Jupiter and Saturn in Aquarius (2020 & 2021)

On December 21, Jupiter and Saturn will circle back into conjunction and alignment into the constellation of Aquarius, promising opportunities for new perspectives, change, and societal advancement for collective ascension. Creative and optimistic energies of Jupiter combined with structured and diplomatic energies from Saturn will cause productive shifts to society as we look towards a revival for the collective.

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<tr>
<td>Aries</td>
<td>Rebuild, expand, and strengthen your inner circle. The Jupiter and Saturn conjunction is transiting your 7th house (House of Friends) bringing in promising energies for new connections to propel you further into your career and social endeavors.</td>
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<td>Taurus</td>
<td>Step into the sunlight. The Great Conjunction is taking place in your 10th house (House of Status) asking you to open yourself to receive praise by your friends, family, and those you admire in professional circles through incredible success in new projects and opportunities.</td>
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<td>Gemini</td>
<td>Open the mind to expand the soul. Jupiter and Saturn are transcending your 9th house (House of Philosophy) suggesting that it is time to explore yourself both spiritually and philosophically as you expand your horizon through new interests in academics, cultures, and artistic works.</td>
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<td>Libra</td>
<td>Capitalize on your creative talents. Jupiter and Saturn are transiting your 5th house (House of Pleasure) suggesting an abundance of opportunities surrounding your artistic abilities that point to potential for incredible fulfillment aimed to satisfy the higher-self.</td>
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<td>Scorpio</td>
<td>Center yourself in the home. The Great Conjunction is transiting your 4th house (House of Home) drawing your attention towards your sense of home as you take time to understand your needs around security that will allow you to stabilize your foundation in pursuit of content alignment.</td>
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<td>Sagittarius</td>
<td>Energies are gaining momentum. Jupiter and Saturn are transiting your 3rd house (House of Communication) suggesting your daily routine is about to intensify as you begin to focus on your skills to enhance and expand your abilities for long-term success and fulfillment.</td>
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<td>Cancer</td>
<td>Enjoy the abundant pleasures of life. Your 8th house (House of Intimacy) will be sparked by the transit of Jupiter and Saturn, asking you to draw attention to your physical and emotional being, and be open to energies surrounding deep psychological healing and self-discovery.</td>
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<td>Leo</td>
<td>Draw your attention to others. Jupiter and Saturn are joining in your 7th house (House of Partnerships) signaling new relationships in your romantic or business life that will bring in abundance and advancement in your career, projects, and personal life.</td>
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<td>Virgo</td>
<td>Revive your routine. The Great Conjunction is transiting your 6th house (House of Health) asking you to bring your focus back to your daily rituals and space through experimenting with new choices that will enhance your well-being and expand your creative capacity.</td>
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<td>Capricorn</td>
<td>Redefine your values. Jupiter and Saturn are transiting your 2nd house (House of Possessions) asking you to time to align yourself with your values and intuitive abilities as you open yourself to the learning of important lessons that will help you establish a clearer perspective of your goals.</td>
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<td>Aquarius</td>
<td>Explore and pursue dreams. The Great Conjunction is occurring in your 1st house (House of Self) creating new energies surrounding your physical appearance and personal goals as you manifest new beginnings and healthy changes into your day-to-day life.</td>
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<td>Pisces</td>
<td>Watch for synchronicities. Jupiter and Saturn are passing your 12th house (House of Unconscious) bringing your attention to the spiritual realm, and asking you to step into alignment with your soul, and deepen your understanding of your abilities and purpose.</td>
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Each night at nine, my grandmother used to walk over to the clock in the corner of her dining room. With routine grace, she would gingerly pluck a large brass key off the windowsill.

Each night at 9:02 my grandmother’s wrinkles would wither. Her cheekbones would blossom, and her clothes didn’t fit her.

Because each night at 9:01 my grandmother would dream of when she was a girl. How she wore dresses of lace and her pigtails were curled.

She stood with her father, same key in hand, Big-eyed and bewildered, Time at his command.

Foolish are those who believe time can’t be controlled, It’s this limited belief that makes the young remain old.

Time is a concept created by man, Restricting our lives with the movement of hands,

Time is not concrete, era’s simply adjourned, Step away, Take a break, Soon enough, we’ll return,

The revival of fashions, Old-school the new trend, Social issues resurface, We must make amends,

When will we learn that time is not what they say, We aren’t truly restricted to hours in a day;

Each trip around the sun, Earth another year old, Each trip around the sun, a million stories are told,

Storylines of lovers, whose lives intertwine, Generations of echos say I’m yours and you’re mine,

The stories we live, they’re simply not ours, The same narrative inspired by their place in the stars,

Each story unique, yet daftly the same, Not the fault of our own, continuity’s to blame,

For moments never cease, we use the wrong punctuation, Generations of repetition, just modified iterations,

By 9:04 the key slides from the lock, returning control to the grandfather clock,

With a crank and a click, my great-grandfather chimes, His hands now spring forward, He’d turned back the time,

I now bid you farewell, but this is never goodbye, So I’ll say see you later,

Until tomorrow at nine.
Uprising